Smog in Pakistan — Paragraphs

50-Word Paragraph

Smog is a dangerous mix of smoke and fog that pollutes the air. Every winter, cities like Lahore and Karachi are covered in thick smog caused by old cars, brick factories, and crop burning. It harms children's health, forcing school closures. Planting trees and reducing pollution can help stop smog.

100-Word Paragraph

Smog is a dangerous mixture of smoke and fog that makes the air dirty. This dirty air looks like a thick, grey blanket in the sky and makes it hard to see. In Pakistan, major cities like Lahore face serious problems every winter. The problem reached a peak in November 2024, when Lahore's Air Quality Index crossed 1000 — making it the world's most polluted city and forcing authorities to shut schools for weeks. For people of all ages, especially school students, patients, and older people, breathing this polluted air can cause coughing, breathing difficulty, and respiratory illnesses such as asthma, bronchitis, and pneumonia. We must plant more trees to help clean our air.

150-Word Paragraph

Smog is a special word that comes by joining “smoke” and “fog.” It means very dirty, polluted air that hangs over cities like a thick cloud. In Pakistan, smog becomes a major problem during the cold winter months, especially in places within Punjab like Lahore. Smog comes from many reasons. The most common reasons include smoke that arises from millions of vehicles and factories. This smoke stays close to the ground and forms a thick, dirty cloud of smog. For people of all ages, smog is harmful to health. It causes burning eyes, sore throats, and bad coughs. It also makes the roads very hazy, which makes traveling anywhere unsafe. Because of this, schools often have to shut down. To stop smog in Pakistan, we need to use green energy, drive cars less, use buses more, and stop burning waste. Planting trees around our towns will also help bring back clean, blue skies.

200-Word Paragraph

Smog is a dangerous type of air pollution that happens when smoke mixes with natural fog. It creates a thick, smelly, grey haze that covers the sky. In Pakistan, smog has become a huge problem that affects millions of people, including schoolchildren, every single year. During the winter, big cities, especially in Punjab and particularly Lahore, and also Karachi, get covered in this harmful air. The smog is caused by bad smoke coming out of old cars, brick factories, and from farmers burning their leftover crops. Old cars burn petrol badly and release thick black smoke full of dirty gases. Because the winter air is heavy, the dirty smoke mixes into the air and makes it hard to breathe. Smog is very harmful to young children. It makes eyes burn, causes painful coughing, and makes it hard to run and play outside. In fact, when the smog gets too thick, the government has to close schools to protect children's health. This means students miss learning and playing. We can all help fight smog in Pakistan by doing simple things. We can plant more trees, recycle our trash instead of burning it, and walk short distances instead of using cars. Together, we can make Pakistan's air clean and safe again.

Five Facts About Smog in Pakistan

1. Air pollution and smog are estimated to kill around 135,000 Pakistanis every year and to cut average life expectancy by about five years. [propakistani.pk]

2. Smog is estimated to cost Pakistan roughly 5.88% of its GDP annually, equivalent to about $47.8 billion. [propakistani.pk]

3. In November 2024, Lahore's Air Quality Index spiked past 1000 — reaching as high as 1902 in some areas — making it the world's most polluted city and triggering weeks of school closures. [Wikipedia]

4. Pakistan's smog season typically starts in late October, peaks between November and January, and lasts through February, driven mainly by crop burning, vehicle emissions, and industrial pollution across Punjab's plains. [Arab News]

5. Karachi also regularly ranks among the world's most polluted cities during smog season — in one November 2025 reading, Lahore posted a hazardous AQI of 394 while Karachi recorded 164. [Arab News]

Sources

• propakistani.pk — Smog Season Starts in Pakistan (2018)

• Wikipedia — Air pollution in Lahore

• Arab News — Lahore, Karachi among most polluted cities worldwide (2025)